

# Weekly CONNECTION

December 13, 2024

 **PRESBYTERIAN**  
Volunteer Services

## SPOTLIGHT

Thank you to all our *Handmade Heros*. We have volunteers who make cards, crochet, sew, knit, stuff pillows, and more for the patients of Presbyterian. Pictured right is Administrative Assistant Belinda Dahle visiting one of our donors to thank them in person. The Star Sisters who meet at Masonic Temple Lodge # 6 have been making blankets and pillows for Rust medical center for years. They are the original group that began making the baby stockings for the holidays!



**SHOUT OUT** from Leanne Woods of Kaseman's Behavioral Health:

I wanted to send along a warm thank you for the cards sent over by Lisa Drown! They are BEAUTIFUL and will be used in our CATU Programming to welcome new patients.

We appreciate all that the volunteer department does for us; you have enriched our program beyond measure.

Thank you, again &  
Season's Greetings

## CALENDAR

December 13th and 14th:  
Presbyterian Hospital Craft Fair to be held in the F-Tower

Mrs. Van's Tea:

- 12/17 Rust Medical Center
- 12/18 Santa Fe and Presbyterian Hospital
- 12/20 Kaseman

December 17th:  
Santa is coming to Santa Fe Medical Center by Helicopter

# VOLUNTEERS NEEDED:

Email [egarcia66@phs.org](mailto:egarcia66@phs.org) to sign up!

**Santa Fe Medical Center's** Surgery Center is looking for early birds that would like to start a 7am volunteer shift assisting staff, patients, and their families.



## **Mrs. Van's Tea**

We need 2 volunteers at each location to serve cookies from 11-1pm

12/17 RMC

12/18 SFMC

12/20 PKH



We need **volunteer elves** to help with Santa's arrival by helicopter to Santa Fe Medical Center on December 17th from 4:00pm to 6:00pm



# AARP SMART DRIVER COURSE

FROM



The AARP Smart Driving Program of Northern New Mexico is pleased to announce Smart Drivers classes to be held at Presbyterian Santa Fe Medical Center on the third Tuesday of the month on January 21, February 18, and March 19 from 9:00 a.m. to 1:00 p.m. For those unfamiliar with the program, it is a nationally certified course offered by the American Association of Retired People, intended for drivers 50 years of age and older. Course material covers age related driving changes, highway and street design updates, and vehicle technology advancements. The course is offered by a live instructor, and upon completion, by New Mexico law, most drivers are eligible for a discount from their auto insurer. Course fee is \$20 for AARP members and \$25 for non-members. Like additional information or want to secure your spot? Please call or email Dominic Mandel at 505 490 2489 or [promandel@gmail.com](mailto:promandel@gmail.com)

## Support the Cancer Patient Assistance Fund One Shopping Trip at a Time!

The Presbyterian Healthcare Foundation is proud to partner with the [Smith's Inspiring Donations Program](#) to make a positive impact in the community one shopping trip at a time. Simply link your Smith's Rewards Card to our organization, and Smith's Inspiring Donations will donate 0.5% of every eligible purchase to the Presbyterian Healthcare Foundation benefitting the Cancer Patient Assistance Fund.

### HOW IT WORKS

1. Go to [SmithsFoodandDrug.com/inspire](#)
2. Sign into your digital account or choose "Create an Account" and fill in the information.
3. Link your Rewards Card to our organization by searching for **Presbyterian Healthcare Foundation** or using **Code FJ179**.
4. No Rewards Card? No problem! Cards are available at the customer service desk at any Smith's Food & Drug location.
5. Select our organization and choose "Save."

### OR

1. Download the Smith's Food and Drug App. Download for iOS. ...
2. Create an Account & Sign In. Your free account remembers your info and provides personalized benefits.
3. Add Your Shopper's Card.
4. Select our organization and choose "Save."

You're all set! Every time you shop at Smith's with your Rewards Card, 0.5% of eligible purchases will be donated to the Presbyterian Healthcare Foundation. Thank you!

### HELPFUL INFORMATION

What purchases qualify? Just about everything you purchase during your regular shopping trips. The only exclusions are alcohol, tobacco, postage stamps, Smith's Gift Cards and debit cards, lottery and promotional tickets, Western Union, fuel, and sales tax.

There's no cost to participate in this program, and you'll still earn fuel points on eligible purchases every time you shop.

**Get started today at [SmithsFoodandDrug.com/inspire](#) and do your holiday shopping while benefitting others!**

# Kitchen Creations

## FREE Diabetes Cooking Classes!



Please join us for this **FREE** series of **4 classes!**

- Learn how to plan meals that help manage diabetes.
- Practice cooking foods in healthier ways.
- Enjoy the support of others who are living with diabetes.

Provided by:

**Diabetes MAPP**

Diabetes Management and Prevention Programs  
Diabetes Management and Prevention Programs

### Class Details

**DAY OF WEEK:** Thursdays

**DATES:** January 9-30th 2025

**TIME:** 9:00 a.m.-12:00 p.m.

**LOCATION:**

Presbyterian Teaching Kitchen  
4801 Beckner Rd  
Santa Fe, NM 87507

**INSTRUCTORS:**

Michelle Stizza, MEd  
Laura McCann, MS, RDN, LD

**TO REGISTER:** Call **505.471.4711** or visit our website at **[kitchencreations.nmsu.edu](http://kitchencreations.nmsu.edu)**



**BE BOLD. Shape the Future.**  
College of Agricultural, Consumer and Environmental Sciences



Tools for Healthier Living



For more information about **Paths to Health NM** programs, call: **505.850.0176** or **575.703.2343**

**PRESBYTERIAN**  
Community Health

New Mexico State University, in cooperation with the U.S. Department of Agriculture, is an equal opportunity/affirmative action employer and educator. If you are an individual with a disability and need an auxiliary aid or service, please contact the Extension Office at 505-685-4523.

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