

Weekly CONNECTION

November 28, 2025

 **PRESBYTERIAN**
Volunteer Services

World Kindness Day



An act of kindness grew into a friendship!

I started line dancing at a senior center and at a break sat down next to Bea. We were talking and she mentioned that when class was over, she would sit through the next class waiting for the person who drove her there to drive her home. Bea is 90 years old and stopped herself from driving a year ago. I asked where she lives and it was very close to my house, so I drove her home. Anyway, long story short, I'd give her occasional rides and now we go to line dancing twice a week and I drive her. We sometimes go to lunch and work on jigsaw puzzles together. It's been great for both of us! The picture is us at one of our line dancing classes.

-Healthplex Volunteer Denise Mellot

Healthplex volunteer, Renie Pedregon, served her shift on Veteran's Day and did a little extra act of kindness; she took some cookies in to thank all the troops!

CALENDAR

12/12 Kaseman Craft Fair



World Kindness Day Giveaway!

In honor of *World Kindness Day* on **November 13th**, we're spreading a little extra warmth.

Share one act of kindness you've done recently; big or small, by **emailing it to Ebone S. Garcia** **egarcia66@phs.org** by December 1st.

Each act you share will count as one entry into our **\$25 Range Café gift card drawing!**

And an EXTRA ENTRY if you include a photo of yourself for the bulletin.

Let's celebrate all the ways volunteers make the world brighter, one kind act at a time. 

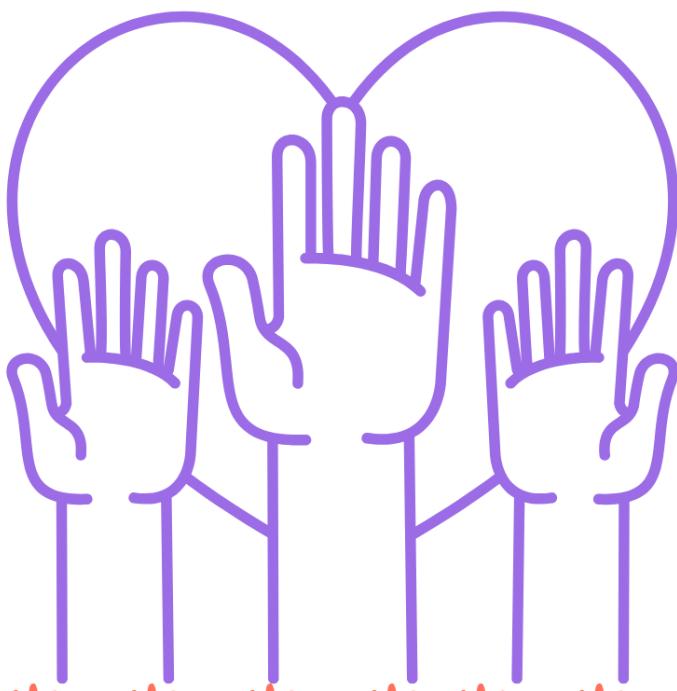
VSYS IS COMING! VSYS IS COMING!



Get Ready to Stay in the Loop!

Our brand new Vsys volunteer database is here, and we want you to be part of the launch! Be sure to check our weekly bulletins for real-time updates, tips, and everything you need to know about Vsys.

Anticipated Go Live January 5–16th
Info on trainings will be coming soon!



**JUMP IN AND STAY
ENGAGED!
YOUR PARTICIPATION
COULD EARN YOU AN
ENTRY INTO OUR BIG
PRIZE DRAWING!**



VOLUNTEERS WANTED:

Kaseman Hospital

- Emergency Department
- Behavioral Health
- Outpatient Rehab
- Gift shop on Tuesdays, Thursdays, or Fridays

Presbyterian Hospital

- Gift shop Friday and Saturday 12PM-4PM
- Mail Sorting support daily

Santa Fe Medical Center

- Family birthing center
- Rehab/Physical Therapy
- Surgery (urgent need!)

St. Michael's

- Rehab

Sewing Inventory

- Choose any day and time to come check on the sewing inventory. Items need to be bagged, counted, organized, and mailed.
- To help with stuffing and sewing pillows, come to the PMG on Harper drive on the first Monday every month from 9:30-12:00 noon.



Annual Christmas Arts & Crafts Show

Friday December 12th, 2025

7:00 AM - 4:00 PM

Upper & Lower Level KPOB
of Kaseman Pres. Hospital

Homemade Crafts, Candy, Ornaments & more!

Door Prizes!

Pauline Kyzer (505) 362-1409

Greetings
ISLAND