



SPOTLIGHT:

Let's Get Rising Before the Sun

Every organization has unsung heroes, and we are thrilled to shine a light on one of our most dedicated volunteers, Liz Martinez! Liz has been arriving most every weekday in the early morning hours to sort the mail and organize the chaotic state of the RMC mailroom. This consistent, early-morning effort ensures that Volunteer Service begins each day organized and ready to serve. Not only has Liz been filling in to help wherever needed, but she also completely reorganized and cleaned the entire mailroom. What was once a cluttered space is now a model of efficiency and order. This level of dedication is not only impressive but also sets a standard of commitment that inspires us all. Thank you, Liz!!

-Volunteer Services



Gather and Grow: Cultivating Well-being

Lots of giveaways and fun activities.

- Fitness Demos
- Mindfulness Garden
- Pet Therapy
- Financial Wisdom Money Tree
- Photo Booth
- Healthy Snacks
- Games
- ...and more

**Stop by and grow
your well-being with us!**

DATE:
October 17, 2025

TIME:
5 p.m. – 9 p.m.

LOCATION:
Presbyterian Hospital,
Courtyard and
Employee Gym



Employee Assistance and Well-being Programs

! REMINDERS:



If your department supervisor allows you to wear a costume on October 31st, your PHS volunteer badge must still be visible above the waist.

READY TO LAUNCH!

VSys is coming! *Right now*, we have a group of volunteers helping to pilot the new database for you. We're working hard to get it all cleaned up, and it will soon be ready for you to log your hours, communicate with your manager, see the Volunteer Services calendar, and so much more!



Volunteers should never enter rooms in isolation.

CALENDAR:

October 11th SFMC Fall into Wellness event 10-2pm Lower Level

October 15th Volunteer Townhall

October 17th PH employee health fair 5pm-9pm

October 31st PKH trick or treat with Inez elementary

October 31st PH child life trunk or treat in F tower lobby

October 31st SFMC Trunk or Treat 4-6pm



Presbyterian & APS Title I Homeless Project

Items requested:

*Shampoo & Conditioner*Bar Soap*Body Wash*Deodorant*Lotion*Toothbrushes*Toothpaste*Dental Floss*Hairbrushes & Combs*Hair Ties*Make-up Kits*Shaving Kits*Chapstick*Perfume*Body Sprays

*Cologne*New Cotton Underwear
*New Socks*New T-Shirts

*Gatorade *Protein Bars *Nuts *Granola Bars *Jerky
*Tuna Kits *Crackers *Fruit Chews *Pretzels *Bottled Water

PLEASE NO GIFT CARDS

Items can be dropped off at
Presbyterian Hospital Downtown in the
Administration Office located on Level
1 in the F-Tower.

Monday-Friday 8:00-4:00

DEADLINE IS DECEMBER 12th

If you have any questions, please
contact Annette Sotelo/Katie Hugg
Asotelo5@phs.org Khugg@phs.org

September 26, 2025

Presbyterian: A family tradition



Do you come from a family with deep roots at Presbyterian Hospital on Central Avenue? We're looking for families who have welcomed three or more generations into the world at our hospital to potentially take part in an upcoming Presbyterian story celebrating legacy and community.

If your family fits this description and you're interested in learning more, we'd love to hear from you! Please email **communications@phs.org** with the subject line "Family born at PH" to get started.

Let's honor the families who have made Presbyterian part of their story for generations.

Dear Volunteers,

As we enter respiratory season, **all volunteers** are required to submit:

- Proof of Influenza vaccination or a completed declination form
- Proof COVID vaccination or completed declination form
- 👉 Patient-facing volunteers: If you provide proof of vaccination, you will receive a sticker to show you are cleared to serve in patient care areas without masking. If you submit a declination form, you will be required to wear a mask during respiratory season.
- 👉 Non-patient-facing volunteers: If you provide proof of vaccination, you will receive a sticker. If you submit a declination form, you will NOT BE required to wear a mask during respiratory season.

When you email your proof of vaccination to your volunteer manager, please be sure to include the following information:

- Full Name
- Date of Birth
- Last 4 digits of your Social Security Number
- Current Address (including ZIP code)
- Location where you received the vaccines
- Date of vaccination
- The Presbyterian facility where you currently volunteer



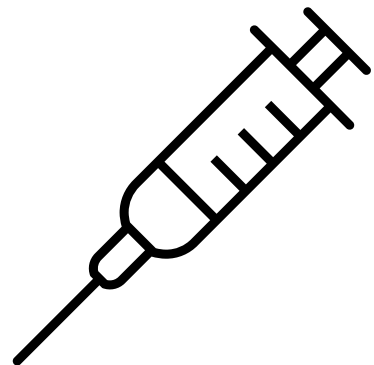
⚠️ **Deadline:** All information and documentation must be submitted no later than October 31st. Volunteers who do not have the sticker by this date will not be permitted to serve in patient-facing roles.

Thank you for acting quickly to meet this requirement and for helping us keep our patients, staff, and volunteers safe.

SFMC Flu shot clinics, Lower-Level Atrium Lunch hour

Friday 10/10 12-1pm
Monday 10/13 12-1pm
Wednesday 10/15 12-1pm
Friday 10/17 12-1pm
Monday 10/20 12-1
Wednesday 10/22 12-1pm
Friday 10/24 12-1pm
Wednesday 10/29 12-1pm

Scheduled Rounding
10/16 7am Emergency Department
10/23 7am PCU/FBC
10/27 7am OR



VOLUNTEERS WANTED:

Kaseman Hospital

- Emergency Department
- Behavioral Health
- Outpatient Rehab

Presbyterian Hospital

- Gift shop Friday and Saturday 12PM-4PM
- Mail Sorting support daily

Rust Medical Center

- Gift Shop
- Food Services
- Physician's Office Building
- Food Farmacy Fridays 9AM-1PM

Santa Fe Medical Center

- Family birthing center
- Rehab/Physical Therapy
- Surgery

St. Michael's

- Rehab
- Infusion Services